



# FIGT Connections

Where Research Comes to Life

*Families in Global Transition*

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**Become an FIGT Member Today!**

In March 2012, FIGT launched a new membership program, [click here](#) to learn more or join today!

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Families in Global Transition leads the worldwide community in empowering families and those who serve them in global transition. FIGT is the premier advocate and educational resource for families, organizations and service providers.

## FROM THE BOARD...

The FIGT Board are delighted to welcome, [Katarina Holm-DiDio](#), [Mary Margaret Herman](#), [Norman Viss](#), [Rachel Yates](#), and [Virginia Cutchin](#) to the board. Transitions are what FIGT is all about and new Board members with new enthusiasms and energy are vital in helping keep FIGT fresh and innovative. It is a volunteer role, which is performed diligently by those who are elected and we look forward to another year of their leadership.

We are very excited about our opening keynote speaker - Pico Iyer. A TCK of Indian birth, British education, and an American green card holder now living in Japan, fits easily into the FIGT global community. His books have enlightened many and we look forward to welcoming him back to the FIGT Conference.

The conference format will be a little different in 2013 and one that we believe will enable attendees to benefit from fabulous sessions while keeping costs under control, as well, of course, as allowing plenty of time for networking. The conference will offer:

- a two-day conference format
- half, full and two-day pre-conference workshops starting on the Wednesday before the conference.

October is always an exciting time for the Programs Committee. All the proposals are in, and yet again the quality and variety of sessions submitted has been impressive. Watch this space for updates on what you can expect at the 2013 FIGT Conference. It will once again be a conference packed with original presentations as well as the promise of year round webinars and discussions.

We'll be closing the conference a little differently this year... more to come!

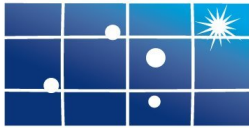
## FIGT SPONSOR OPPORTUNITIES

**Join Olympian ranks and become a Gold, Silver or Bronze medalist. FIGT goes one step higher and can take you to a Platinum Level!**

With preparations well under way for the 2013 Conference we are delighted to be able to offer a variety of sponsorship opportunities, all of which come with different benefits. For more information



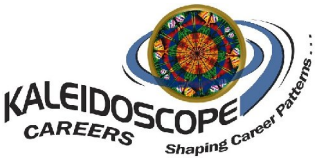
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about sponsor levels, or to become a sponsor today, [click here](#). Questions? Contact Maureen Gelwicks at [mgelwicks@figt.org](mailto:mgelwicks@figt.org) or 202-360-4916.

FIGT Board Member, Tina Quick, recently interviewed a 2012 Silver Sponsor, Lisa Helmers, Associate Director of ArborBridge. [Click here](#) to read ArborBridge's personal take on why to make the investment in the FIGT Conference.

*If you are considering being an FIGT conference sponsor, I would say - don't miss out on this opportunity!*

-Lisa Helmers, Associate Director, ArborBridge



### 2013 SCHOLARSHIPS APPLICATIONS AVAILABLE IN OCT

The [David C. Pollock Scholarship](#) provides highly motivated individuals working or studying in the intercultural field the opportunity to attend the FIGT conference. The ideal Scholarship applicant will demonstrate how attending the FIGT conference will help jumpstart a project, profession, and/or entrepreneurial endeavor that contributes to others in global transition. Each Scholarship recipient will have the opportunity to establish life-long professional connections and contribute his or her unique gifts to FIGT during and beyond the conference.

**Please help us spread the word to potential first-time recipients!** This year we are actively looking to maintain the high quality and increase the gender diversity of our applicant pool. Individuals with expressed financial need from all sectors & corners of the Earth are encouraged to apply.

Scholarship guidelines and application will be posted on our website by October 22, 2012.

### A TASTE OF WHAT'S TO COME...

We are delighted to announce the FIGT Cookbook, *Where is Home?* is getting ready to go to press in time for an official launch at the FIGT Conference in March 2013.

This is your chance to be a part of an important fundraising project, all proceeds of which will go the Pollock Scholarship Fund. The Pollock Scholars are in integral part of the annual conference and help ensure the FIGT flame is carried forward to those new to expatriation and the relocation industry. Your support and sponsorship will enable FIGT to offer more scholarships to those applying for this prestigious award.

If you like the taste of this.....

**SHERBA (Libyan Soup)**  
*Submitted by Diane Wilkinson*

- 2 cups diced lamb
- 1 large onion
- 2 tbsp Sherba grains (Orzo macaroni)
- 1 tsp cayenne pepper
- 4 tbsp oil
- 1 quart water
- 1 cup chick peas (soaked in cold water overnight or canned)

4 tbsp tomato puree  
1 tsp dried mint

Saute diced onion in oil until soft, but not brown, then add lamb and cook slowly over gentle heat. Add tomato paste and water. Add chickpeas and cook (for approximately 1 hour or) until chick peas and meat have been cooked. Sherba grains are then added and cooked. When the soup is cooked, mint may be added and simmered very quickly. Serve with wedges of lemon and fresh.

Do please consider sponsoring space in the *Where is Home?* FIGT cookbook - remember your organization's name in this cookbook will be seen for years to come! [Click here](#) for pricing details.

## ARTICLE OF INTEREST

### **There's No Place Like Home**

**By Dr. Bonnie Wims, Counselling Psychologist**

In November of 2005, I left the United States and moved to London. I can still remember the site of my house in Massachusetts getting smaller and smaller out the back of the taxi window on that early chilly morning. Although I had been excited and motivated to move, I suddenly had a feeling of dizziness. As we were driving away from my Massachusetts 'home', another part of me was seemingly still inside that yellow house, struggling to catch up with the changes my body was making. It was as if 'me', or aspects of 'me' were still in that house, resisting the change and clinging to memories of my 'home'. What was to happen to the 'me' that planted a Rhododendron bush near the drive on my fifth wedding anniversary? Would I ever have another dining room painted a deep red colour that echoed with hours and hours of friends, dinners and conversation? Where was the 'me' that with my husband transformed a back garden of cement and trash into a landscaped patio that allowed for an oasis from the stresses of the day? Was I bringing this sense of home with me or was the imbalance I was feeling the awareness of the separation and abandoning of a known world for another world? And although this new world seemed exciting and new, how was I to know who I was within it? [Click here](#) to download the full article.